

Monografie/Monograph

Využití měřicích nástrojů v ošetrovatelství

Use of measuring instruments in nursing

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Souhrn

Měření je systematický proces kvantifikace charakteristik osoby, jevu nebo situace. Měření není jenom součástí vědeckého výzkumu, ale je i součástí posuzování a hodnocení stavu pacienta v rámci ošetrovatelského procesu.

Podkladem předkládané monografie se staly výsledky výzkumného projektu s názvem „Využití měřicích nástrojů v ošetrovatelství“. Realizaci výzkumu finančně podpořila Grantová agentura Jihočeské univerzity v Českých Budějovicích.

Monografie vychází ze zmíněného výzkumného projektu a její struktura je v souladu s rámcem zadání projektu. Po úvodní části následuje kapitola popisující metodiku, výběrové soubory, jejich charakteristiku a zpracování dat. Třetí kapitola popisuje význam měřicích nástrojů v ošetrovatelství, postup při výběru nástrojů, validitu a reliabilitu a postup při vytváření nových nástrojů. V závěru této kapitoly jsou uvedeny i jednotlivé fáze lingvistické validizace měřicích nástrojů. Čtvrtá kapitola kromě využití měřicích nástrojů při hodnocení potřeb u pacientů s tělesným znevýhodněním věnuje velkou pozornost i filozofii a pochopení pojmu „tělesné znevýhodnění“, vývoji terminologie, klasifikace tělesného znevýhodnění a popisu jednotlivých měřicích nástrojů. V kapitole jsou prezentovány i výsledky výzkumu, ve kterém byl využit standardizovaný nástroj World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0) a nástroj vlastní konstrukce. Pátá kapitola je zaměřena na měřicí nástroje pro komplexní hodnocení pacientů v období stáří. Následující kapitoly jsou věnovány měřicím nástrojům, které jsou využívány při hodnocení bolesti jednak u chirurgických pacientů a jednak u dětí. Osmá, rozsáhlá kapitola je zaměřena na využití měřicích nástrojů při hodnocení zdraví a kvality života žen v klimakteriu. Další kapitola se zabývá měřením připravenosti studentů zdravotnických oborů na poskytování paliativní péče. V desáté kapitole jsou popisované hodnotící škály a nástroje, které jsou používány v psychiatrické péči. Závěr je komplexním shrnutím výsledků, které odborníci získali v rámci výzkumu. Jejich zjištění a doporučení pro používání hodnotících nástrojů mohou přispět ke zkvalitnění ošetrovatelské diagnostiky a posléze i k poskytování ošetrovatelské péče.

Monografie je určena sestrám, studentům a všem odborníkům i zájemcům o problematiku měřicích nástrojů a jejich využití v praxi. Měla by pomáhat všem pochopit důležitost nástrojů pro objektivní posouzení zdravotního stavu pacienta a jeho potřeb. Měla by vést k uvědomění si toho, že hodnotící nástroje mají usnadnit práce sestry a mají přispět i ke zvýšení kvality ošetrovatelské péče.

Klíčová slova: hodnocení bolesti; měřicí nástroje; ošetrovatelství; pacienti s tělesným znevýhodněním; populace starší 60 let; ženy v klimakteriu

Summary

Measuring is a systematic quantification process of a person's characteristics, or situation. Measuring is a part of scientific research and the assessment of a patient's condition in the nursing process.

The research results of the project "Use of measuring instruments in nursing" became the basis for the presented monograph. The research implementation was financially supported by the Grant Agency of the University of South Bohemia in České Budějovice.

The structure of this monograph follows the project assignment. The chapter describing the methodology, sample files, their characteristics and data processing follows the introductory part. The third chapter describes the importance of measuring instruments in nursing, the procedure for selecting instruments, validity and reliability, and the system for creating new instruments. Individual phases of linguistic validation of measuring instruments are presented at the end of this chapter. The fourth chapter also pays great attention to the philosophy and understanding of the term "physical disability", the development of terminology, physical disability classification, description of individual measuring instruments, and the use of measuring instruments in assessing the needs of physically disabled patients. The chapter presents the research results and uses the standardised World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0) instrument as well as one of our own construction. The fifth chapter focuses on measuring instruments for the complex assessment of elderly patients. The following chapters deal with measuring instruments in relation to pain assessment – in both surgical patients and children. The eighth chapter is extensive and focuses on the use of measuring instruments in assessing

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the health and quality of life of women in menopause. The next chapter deals with measuring the preparedness of medical students to provide palliative care. The tenth chapter describes the evaluation scales and instruments that are used in psychiatric care. The conclusion includes a comprehensive summary of the results that the experts obtained in the research. Their findings and recommendations for the use of assessment instruments can contribute to the improvement of nursing diagnostics and the subsequent provision of nursing care.

This monograph is intended for nurses, students, experts, and those interested in measuring instruments and their use in practice. It should help to clarify the importance of instruments for the objective assessment of patients' health and needs. It should lead to the realisation that assessment instruments should facilitate nurses' work and improve the quality of nursing care.

Keywords: Measuring instruments; Nursing; Pain assessment; Patients with physical disabilities; Population over 60; Women in menopause

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